# **Access Guide**

Parking | Main Entrance | Reception | Amenities | Indoor Aquatics | Outdoor Aquatics |

Outdoor Recreational Area | Gym | Café | Aquatic Supervision | Lap Lane Information |

Useful Information | Sensory Guide



# Noble Park Aquatic Centre

9 Memorial Drive, Noble Park, Victoria 3174

npac@southeastleisure.com.au

(03) 9546 7955

Noble Park Aquatic Centre website

Hours: Mon-Fri: 5.30am to 8pm, Sat-Sun: 8am to 6pm, 24/7 gym available



# Parking



Accessible Parking- Location: Out the front of the afterhours gym entry. Four bays.

Other parking - General parking located near the facility. There is a 4-hour parking limit on all parking near the facility.

Drop off zone right outside the front entry to the facility.

Bike racks to the left-hand side of the front entry.

## Main Entrance



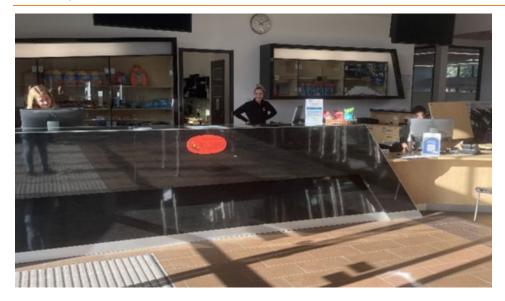
Step free. Automated door. Horizontal clearance 1600mm.

Multiple floor levels. Two floor levels.

Lift - Location: In the gym, it is only required to access the Group Fitness Rooms.

Stepped access to all levels, handrails on both sides.

## Reception



Location - to the left of the main entry door, as soon as you walk in.

Staffed - Monday - Friday: 7am to 8pm and Saturday - Sunday: 8am to 6pm

Height of the main reception counter 1260mm. Lower height reception counter 800mm with seating.

Hearing augmentation is installed in the reception area - four Phonac hearing loops. Cash and EFTPOS accepted. Accessible EFTPOS machines.

Swimwear, swimming accessories and goggles are available for purchase.

Patrons need to pass through turnstiles to enter facility. Height of the turnstile scanning panel 1200mm. Horizonal turnstile clearance for a person to pass through 1020mm.

### **Amenities**

#### **Accessible Toilet One**

Location: Gym. Lower level.

Manual door. Push to open. Horizontal clearance 850mm.

Retractable grab bars on both sides.

Baby change table.

Braille signage located near toilet door.

#### **Accessible Toilet Two**

Location: Indoor pool hall

Push button to open door. Push button is 1000mm from floor level. Horizontal clearance

850mm.

Retractable grab bars on both sides.

Baby change table.

Hoist. Adult change table.

Braille signage located near toilet door.

### **Accessible Toilet Three**

Location: Indoor pool hall.

Push button to open door. Push button is 1000mm from floor level. Horizontal clearance

850mm.

Retractable grab bars on both sides.

Baby change table.

Hoist. Adult change table.

Braille signage located near toilet door.

#### **Accessible Toilet Four**

Location: Indoor pool hall

Push button to open door. Push button is 1000mm from floor level. Horizontal clearance

850mm.

Retractable grab bars on both sides.

Baby change table.

Hoist. Adult change table.

Braille signage located near toilet door.

### Other change facilities

Family change rooms.

Pool deck open communal showers.

Private shower cubicles within women/girl's changeroom.

Private shower cubicles within men/boy's changeroom.

Baby change tables.

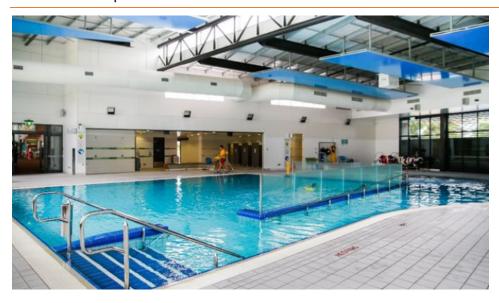
There are change facilities in between the indoor and outdoor pools which can be used by members and casual attendees.

There are also change facilities in the gym area which can be used by members who have access to the gym as part of their membership.

Clear change facility and toilet wayfinding signage.

Braille signage located near toilet doors.

## **Indoor Aquatics**



### **Program Pool**

Program pool is mostly used for swimming lessons, group fitness classes, casual aquatics.

Entry - Stepped with handrails. Ladder access with handrails. Beach entry.

Average water temperature 32 degrees.

Depth - 0.9m - 1.2m.



### **Toddler Pool**

Toddler pool mostly used for aquatic play; it is connected to the program pool.

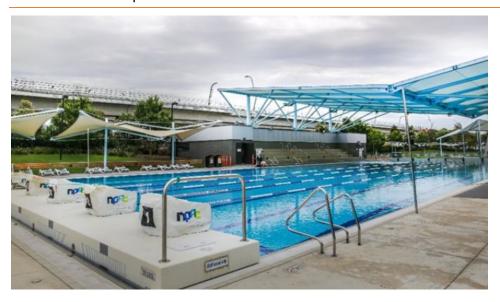
Entry - Beach entry.

Depth - 0.0m - 0.9m.

Average water temperature – 32 degrees.

Drinking fountain - at the entry to the indoor pool hall. Spout height - 930mm

## **Outdoor Aquatics**



### 50m pool

50m pool is mostly used for lap lane swimming and recreational swimming.

Entry - Access ramp with handrails. Steps with handrails. Ladder with handrails.

Depth - 1.1m - 2m.

Average water temperature – 27 degrees Celsius.

Lap lanes available.



### **Aquatic Playground**

Used recreationally.

Entry - Beach entry.

Average water temperature – 27 degrees.

Waterplay equipment - Tipping bucket. Spray nozzles. Slides.

Half of the outdoor pool is covered in shade.

Tiered spectators seating

Tiered seating has steps with handrails

Handrails on both sides of steps

Steps have tactile ground surface indicators and compliant step edging contrast

Shade is provided over whole area.

Bench seating across the whole shallow end of the 50-metre pool. Seating available in the barbeque area of the outdoor pool space.

Drinking fountain – within outdoor aquatics. Spout height 950mm. Knee clearance 770mm.

Outdoor barbeque amenities

Outdoor half-court basketball court



### **Waterpark Attraction Slide**

Location - Near the deep end of the outdoor 50m pool.

Slide entry - Stepped with handrails on both sides.

Handrails or support bars available along the top of the slide waiting path to assist individuals with balance or mobility challenges.

Water slide is designed to accommodate individuals with various body sizes and shapes.

Clear instructions or signs available to navigate the water slide safely.

Lifeguards or staff members available to assist and ensure safety compliance.

75 steps from bottom to top of slide.

Waterslide operates on days forecasted to be 30 degrees or over and is part of standard casual entry fees.

Waterslide finishes into a long bath (flume) like exit. This provides plenty of space to safely exit.

# Outdoor Recreational Area



Picnic area

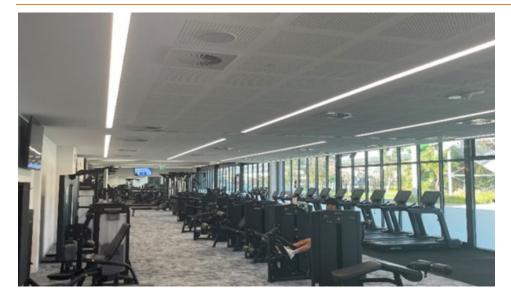
Barbeques

Sheltered area

Seating

Drinking fountain. Spout height - 950mm. Knee clearance height 770mm.

### Gym



Location: Once you are through the turnstiles the gym is to the left of the facility.

Automated door. Horizontal clearance 1150mm.

Gym is accessible 24 hours, 7 days a week. When the centre is closed the gym is accessed by:

Door location: 20 metres to the left of main entrance. Fob scanner is on the right-hand side of the door and 1150mm above floor level. Sliding door, horizontal clearance 1350mm.

Wheelchair accessible gym equipment:

Bar bells

Cable machines

Cardio equipment

Dumb bells

Foam rollers

Free weights

Functional training equipment

Hand cycle machine

Kettle bells

Medicine balls

Recumbent bikes

Thera Bands

**Gym services** 

Casual access

Membership options

**Functional Group Training** 

**Group Fitness Classes** 

**Reformer Pilates** 

Two drinking fountain areas. One on the bottom level and one on the top level.

Each area has:

Drinking spout height - 1100m. Knee clearance for drinking spout - 900mm

Accessible drinking spout: Drinking spout height - 900mm. Knee clearance for accessible drinking spout - 700mm.

## Café



Location - As soon as you go through the turnstiles it is to the right-hand side of the facility.

Main service counter - 900mm

Single chairs and tables with a pole in the middle underneath them.

Same tables and chairs used outside as inside.

Cash and EFTPOS accepted. Accessible EFTPOS machine.

## Aquatic Supervision | Lap Lane Information

Watch Around Water (WAW) is a campaign educating the public about active supervision, and encouraging parents / guardians to take on the responsibility of this role while visiting aquatic facilities.

The campaign aim is to reduce the number of fatal and non-fatal drowning incidents and associated injuries in public aquatic facilities in Victoria within the 0–14-year age group.

### Watch Around Water Policy

- 1. Children under 10 years:
  - Must be accompanied into the centre by a responsible parent / guardian
  - Must be constantly and actively supervised
  - Parents / guardians must position themselves to have a clear view of the child
     with no physical or structural barriers between them and the child / children
- 2. Children under 5 years:
  - Must be accompanied into the centre and the water by a responsible parent / guardian
  - Must stay within arm's reach during recreational play activities
- 3. Children 10 years old and over:
  - Parents must use their knowledge of an individual child's swimming ability and general development to determine the level of accompaniment required

#### Recommended

Children under 10 years: Maximum 1 Parent / Guardian to 4 Children.

Children under 5 years: Maximum 1 Parent / Guardian to 2 Children.

For lap lane availability, visit Noble Park Aquatic Centre website.

### **Useful Information**

Accessible website.

Memberships can be purchased online.

Visit Noble Park Aquatic Centre website

Water Wheelchair can be accessed free of charge by requesting one from a staff member. Lockers in the outdoor pool area as well as in the gym. These lockers are available to both casual patrons and members. These are all digital, instructions can be found at each locker location.

Music is played throughout the facility apart from the indoor pool hall. In the reception and outdoor pool hall commercial radio is played.

In the gym we have Crowd DJ set up which allows patrons to select music they want played and adds this to the queue. Explicit music is not played.

Quiet days and times - 10am - 4pm Monday to Friday and 12pm to close are our quieter times. This can be weather dependant in the summer time. For quiet areas please staff. We offer an Inclusive Aquatics Program. Ask at reception and our team can assist with the details.

The first aid room is located to the right of the doors to the outdoor pool and is accessible from both inside and outside.

There is a vending machine in the gym. This accepts card only.

All staff are provided basic access and inclusion training at induction.

Free Wi-Fi.

South East Leisure is an organisation that has endeavoured to make all facilities a safe and inviting environment for all people in our community.

Discounts for pensioners.

Carer Card Program registered.

## Sensory Guide

A sensory guide helps people understand what they might see, hear, or feel in a certain place. It is useful for people who are sensitive to sensory experiences, such as those with autism or sensory processing disorder. This guide can be helpful in dealing with new or challenging situations.

At a leisure centre:

### I might feel

Change in ground surface

Cool/warm water (pool)

Fans (gym)

Heating/Cooling

Humidity (pool hall)

Increased body temperature

Increased heart rate

Shared personal space

Splashing water (pool)

Water features (leisure pool)

Water resistance (pool)

Weightlessness (pool and waterslide)

#### I might hear

Announcements

Amplified voice (group fitness classes)

Applause (during competition)

Coffee machine (café)

Echo

Hair dryers (bathrooms)

Hand dryers (bathrooms)

Music/Radio

Splashing water (pool)

Starter guns (during swimming competitions)

Train/traffic passing Water features (aquatic playground) Weights clanging (gym) I might see **Bright lights** Fans oscillating (gym) Flags (outdoor pool) Lane ropes (outdoor pool) Mirror/Reflection (bathrooms/gym) Sunlight (outdoor recreational area) Water features (aquatic playground) Water splashing (pool) I might smell Air freshener (bathrooms) Chlorine Deodorants (bathrooms) Disinfectants Food/Drink (café) Perspiration Rubber matting (gym) Shower products (bathrooms) For accessibility-related questions or concerns, contact Jake Da Silva, General Manager Commercial and Community Partnerships - <u>jdasilva@southeastleisure.com.au.</u> Designed and developed in collaboration with <u>Access Ability Australia</u> and Noble Park **Aquatic Centre.** 

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