



South East  
Leisure



# Public Holiday Group Fitness Timetable - NPAC

Saturday March 30

Operation Hours: 8am - 5pm

Time	Class
8:15am	Reformer Pilates
8:30am	Yoga
8:40am	RPM
8:45am	Core
9:25am	BodyPump
9:30am	Reformer Pilates

\*Please note, Swimming Lessons will not run during the Public Holiday.



South East  
Leisure



# Public Holiday Group Fitness Timetable - NPAC

Sunday March 31

Operation Hours: 8am - 5pm

Time	Class
8:45am	BodyPump
9:45am	SELcius

\*Please note, Swimming Lessons will not run during the Public Holiday.



South East  
Leisure



# Public Holiday Group Fitness Timetable – NPAC

Monday April 1

Operation Hours: 8am – 5pm

Time	Class
8:30am	Reformer Pilates
8:45am	Core
9:20am	BodyPump 30
9:30am	Reformer Pilates
9:55am	Body Balance

\*Please note, Swimming Lessons will not run during the Public Holiday.