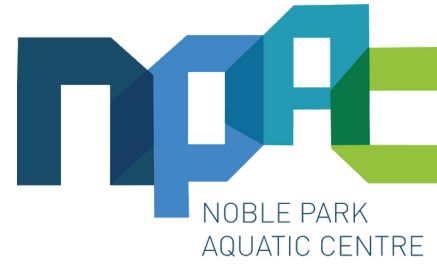




South East  
Leisure



# Festive Season Group Fitness Timetable

19/12/22 – 25/12/22

## Monday

**Aqua Movers**  
11:30am – 12:15pm

**Aqua Deep**  
12:30pm – 1:15pm

## Tuesday

**Aqua Fit**  
9:30am – 10:15am

## Wednesday

**Aqua Movers**  
12:15pm – 1pm

## Thursday

**Aqua Movers**  
8:45am – 9:30am

## Friday

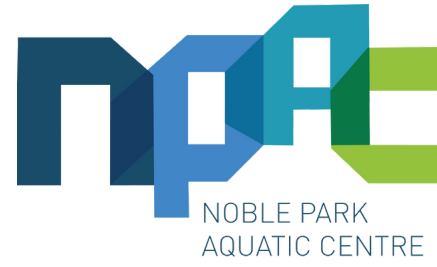
**Aqua Movers**  
9:30am – 10:15am

## Saturday

## Sunday



**South East  
Leisure**



# Festive Season Group Fitness Timetable

26/12/22 – 1/01/23

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Saturday**

**Sunday**

**Aqua Movers**  
11:30am – 12:15pm

**Aqua Fit**  
9:30am – 10:15am

**Aqua Movers**  
12:15pm – 1pm

**Aqua Movers**  
8:45am – 9:30am

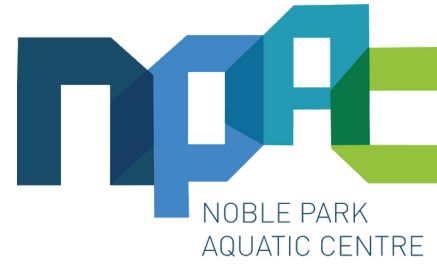
**Aqua Movers**  
9:30am – 10:15am

**Aqua Movers**  
10:30am – 11:15am





South East  
Leisure



# Festive Season Group Fitness Timetable

2/01/23 – 8/01/23

## Monday

**Aqua Movers**  
11:30am – 12:15pm

**Aqua Deep**  
12:30pm – 1:15pm

## Tuesday

**Aqua Fit**  
9:30am – 10:15am

## Wednesday

**Aqua Movers**  
12:15pm – 1pm

## Thursday

**Aqua Movers**  
8:45am – 9:30am

## Friday

**Aqua Movers**  
10:30am – 11:15am

## Saturday

## Sunday